



Allergen Information

M&D's Egg Allergen Information
M&D's Dairy Allergen Information
M&D's Peanut Allergen Information
M&D's Shellfish Allergen Information
M&D's Gluten Allergen Information
M&D's Fish Allergen Information

As Scotland's Best Theme Park, the health and safety of our guests are top priorities. As part of our commitment to you, we provide the most current allergen information available from our food suppliers on six common allergens, so that our Guests with food allergies can make informed food selections.

Please be aware that during normal kitchen operations involving shared cooking and preparation areas, including common fryer oil, the possibility exists for food items to come in contact with other food products.

Due to these circumstances, we are unable to guarantee that any menu item can be completely free of allergens.

Every effort is made to keep this information current. However, it is possible that ingredient changes and substitutions may occur due to the differences in regional suppliers, product changes, preparation techniques, and/or the season. Certain menu items may vary from restaurant to restaurant and may not be available at all locations around the park. We recommend that our guests with food allergies or special dietary needs consult with a restaurant manager prior to placing an order to review the posted information for accuracy and availability at that particular location. Chef's Specials, test products, and regional items are not included in the posted information. Since this information expires on a DAILY basis.

Because of the individualized nature of allergies and food sensitivities, M&D's cannot make recommendations that are suitable for your dietary needs. Please consult your physician. Items may vary through out the park, may not be available at all locations, and are subject to change.

EGG Allergen Information

The menu items listed on this page are not prepared with Egg or made with ingredients that contain Egg when prepared according to the standard recipe

Starters

King prawns & Bacon
Chilli Long Boats
Cheese & Bacon Boats
Tomato Bruschetta
Mushroom & Garlic Bruschetta

Salad Dressings

Seafood

Scampi & Chips

Children's Menu

Burger & Chips
Pizza & Chips
Sausage & Mash

Sides

Chips
Garlic Bread
Mixed Salad
Bread & Butter

Sandwiches & burgers

¼ Burger
¼ Burger with Cheese
¼ Burger with Cheese
¼ Bacon Burger
¼ Chilli Burger
Steak & Onion Sandwich
BBQ Melt
Meatball Feast
Cheese & Tomato

Soups

See daily

Salads without Dressing

King Prawn Salad
Warm Chicken & Bacon Salad
Steak Salad

Steaks

Not Including Sides

8oz Rump Steak
10oz Gammon Steak
Rib Eye
Steak Pie

Chicken

Chicken Tikka Masala
Chicken Balmoral

Sides

Fries
Mixed Salad
Bread & Butter

Pasta & Mains

Veg Masala
Vegetable Masala
Chicken Alfredo
Spaghetti and meatballs
Macaroni & Cheese
Spaghetti Bolognese
Tomato & Basil
Sweet & Sour Pork
Chilli Con Carne
Lasagne
Veg Lasagne
Veg Masala
All day breakfast (no egg)

Desserts

DAIRY Allergen Information

The menu items listed on this page are not prepared with Dairy or made with ingredients that contain Dairy when prepared according to the standard recipe

Starters

Chilli Boats (no cheese)
King prawns & Bacon

Salad dressings

Seafood

Fish & Chips

Chicken

Not Including Sides
Chicken Balmoral
(No sauce)

Sides

French Fries
Mixed Salad
Jacket Potatoes (no butter)

Sandwiches & burgers

¼ Burger
¼ Bacon Burger
¼ Chilli Burger
Steak & Onion Sandwich

Soups

Broccoli Soup
Tomato Basil Soup
Scotch broth
Carrot
Wild Mushroom Soup
Lentil
French Onion

Salads without Dressing

Chicken & Bacon
King Prawn Salad
Warm Chicken & Bacon Salad
Steak Salad

Steaks

Not Including Sides
8oz Rump Steak
10oz Gammon Steak
Rib Eye

Sauces

Child's Menu

Burger (no cheese)
Sausage
Beans
Vegetables

Pasta & Mains

Desserts

PEANUT Allergen Information

The menu items listed on this page are not prepared with Peanut or made with ingredients that contain Peanut when prepared according to the standard recipe

Starters

Chicken Goujons
King Prawns & Bacon
Potato Long Boats
Tomato & Basil Bruschetta

Salads without Dressing

King Prawn salad
Warm Chicken & Bacon
Steak Salad

Salad Dressings

Steaks

Not Including Sides

8oz Rump Steak
Rib eye
Mixed Grill
10oz Gammon Steak
Surf & Turf

Seafood

Fish & Chips
Scampi & Chips

Chicken

Not Including Sides

Chicken Balmoral
Chicken Tikka

Child's Menu

Burger
Sausage & Mash
Beans
Vegetables
Pizza
Macaroni & Cheese
Chicken Teddy's

Sides

French Fries
Mixed Salad
Jacket Potatoes

Sauces

Sandwiches & burgers

¼ Burger
¼ Burger with Cheese
¼ Bacon Burger
¼ Chilli Burger
Steak & Onion Sandwich
BBQ Melt
Meatball Feast
Cheese & Tomato

Pasta & Mains

Vegetable Masala
Chicken Alfredo
Spaghetti and meatballs
Macaroni & Cheese
Spaghetti Bolognese
Tomato & Basil

Soups

Check Daily

Desserts

Apple Pie
Chocolate Fudge Cake
Ice Cream

SHELFISH Allergen Information

Starters

King prawns & Bacon
Chilli Long Boats
Cheese & Bacon Boats
Tomato Bruschetta
Mushroom & Garlic Bruschetta

Salad Dressings

Steaks

Not Including Sides

8oz Rump Steak
Rib eye
Mixed Grill
10oz Gammon Steak
Steak Pie

Child's Menu

Burger
Sausage & Mash
Beans
Vegetables
Pizza
Macaroni & Cheese
Chicken Teddy's

Sandwiches & burgers

¼ Burger
¼ Burger with Cheese
¼ Bacon Burger
¼ Chilli Burger
Steak & Onion Sandwich
BBQ Melt
Meatball Feast
Cheese & Tomato
Club

Soups

Broccoli Soup
Tomato Basil Soup
Scotch broth
Carrot
Wild Mushroom Soup
Lentil

Salads without Dressing

King Prawn Salad
Warm Chicken & Bacon Salad
Steak Salad

Chicken

not including sides

Chicken Balmoral
Chicken Tikka

Sides

Chips
Garlic Bread
Cheese Garlic Bread
Onion Rings
Mixed Salad
Bread & Butter
Coleslaw

Pasta & Mains

Vegetable Masala
Chicken Alfredo
Spaghetti and meatballs
Macaroni & Cheese
Spaghetti Bolognese
Tomato & Basil
Sweet & Sour Pork
Chilli Con Carne
Lasagne
Veg Lasagne
Veg Masala
All day breakfast

Desserts

Apple Pie
Chocolate Fudge Cake
Belgian Waffles
Lemon Meringue
Ice Cream
Brownie Sundae

Gluten Allergen Information

The menu items listed on this page are not prepared with Gluten or made with ingredients that contain Gluten when prepared according to the standard recipe

Starters

King Prawn & Bacon
Long boats Cheese & Bacon
Long boats Cheese & Chives
Long boats Chilli

Salad Dressings

French Vinegar
Honey Mayonnaise

Seafood

Chicken

Not Including Sides
Chicken Tikka Masala with rice
(No naan Bread or poppadom)

Sides

Chips
Mixed Salad
Coleslaw
Jacket Potatoes
Beans
Vegetables
Smiley Faces
Gravy

Sandwiches & burgers

(Using gluten free roles only)
¼ Burger
¼ Burger Cheese
¼ Burger Cheese & Bacon
¼ Burger Chilli

Soups

Check daily

Salads without dressing

King prawn Salad
Warm Chicken & Bacon Salad
Steak Salad

Steaks

Not Including Sides
Steak pie (no pie lid)
8oz Rump Steak
10oz Gammon Steak
Rib-Eye
Mixed Grill

Meat

Child's Menu

Sausage & Mash
shooting Star
Laughing clown (no wafer)

Sauces

Diane Sauce
Peppercorn
Gluten free Gravy

Pasta & Bowls

Vegetable Tikka Masala with rice
(no naan Bread or poppadom)

Desserts

Ice cream (no wafer)

FISH Allergen Information

Starters

King prawns & Bacon
Chilli Long Boats
Cheese & Bacon Boats
Tomato Bruschetta
Mushroom & Garlic Bruschetta

Steaks

Not Including Sides

8oz Rump Steak
Rib eye
Mixed Grill
10oz Gammon Steak
Steak Pie

Child's Menu

Burger
Sausage & Mash
Beans
Vegetables
Pizza
Macaroni & Cheese
Chicken Teddy's

Sandwiches & burgers

¼ Burger
¼ Burger with Cheese
¼ Bacon Burger
¼ Chilli Burger
Steak & Onion Sandwich
BBQ Melt
Meatball Feast
Cheese & Tomato
Club

Soups

Apple Pie

Salads without Dressing

King Prawn Salad
Warm Chicken & Bacon Salad
Steak Salad

Chicken

not including sides

Chicken Balmoral
Chicken Tikka

Sides

Chips
Garlic Bread
Cheese Garlic Bread
Onion Rings
Mixed Salad
Bread & Butter
Coleslaw

Pasta & Mains

Vegetable Masala
Chicken Alfredo
Spaghetti and meatballs
Macaroni & Cheese
Spaghetti Bolognese
Tomato & Basil
Sweet & Sour Pork
Chilli Con Carne
Lasagne
Veg Lasagne
Veg Masala
All day breakfast

Desserts

Apple Pie
Chocolate Fudge Cake
Belgian Waffles
Lemon Meringue
Ice Cream
Brownie Sundae

